



The BJSM Global Research Grant Program

Sport and Exercise Medicine (SEM) is a growing multidisciplinary field. However, SEM as a discipline is still developing in marginalised communities*, which may lack resources such as trained SEM personnel, necessary funding, and institutional support to implement robust clinical programs or conduct research. Funding SEM research also may not be a high priority among other more immediate concerns experienced by resource-limited communities. In such environments, persons of colour, Indigenous communities, women, youth, those with disabilities, those who are displaced, and those from the LGBTQIA+ communities may be further marginalised and bear the brunt of scarce resources.

Therefore, to drive global equity in SEM and foster diverse and inclusive research and data, it is critical to provide funding opportunities for SEM researchers from marginalised groups to conduct research relevant to SEM in marginalised communities.

*Marginalised communities include, but are not limited to, low- and middle-income countries (LMICs); Black, Indigenous, and Persons of Colour (BIPOC); women; youth; people with disabilities; LGBTQIA+; those in conflict zones; and migrant, refugee, and internally displaced communities.

Purpose of the grants

The purpose of these grants is to facilitate and enhance SEM-oriented research on the health and welfare of marginalised communities by researchers from marginalised groups. The award also provides recipients with opportunities to be mentored by fellow international SEM researchers through the BJSM Global Mentoring Program.

Number and value of awards

Up to ten (10) grants each worth £2,000 will be awarded. The award funds may be used for research activities and/or living expenses by the recipient.

Term

The term of the award is one year. Recipients may reapply but to be competitive must demonstrate progress in their research from a prior award and explain how more funding will build upon work already completed.

Eligibility criteria

This award is given to researchers from marginalised groups conducting research relevant to SEM in marginalised communities. The applicant should be the principal or co-principal investigator of the study.

Selection criteria

- i. Novelty of the research project to SEM and equity deserving groups.
- ii. Appropriateness of the study design and scientific rigor of the research project.
- iii. Value and clinical relevance of the research project to marginalised communities.
- iv. Feasibility of the proposed research project.
- v. Quality of the application.



Application process

Applications should consist of a cover letter and a grant proposal.

Cover letters are limited to one (1) page and should explain the background of the applicant and the context of the research relative to marginalised communities. Additionally, applicants who have career breaks for childcare, care giving, health/wellbeing, career transition, or similar circumstances, should state this in the cover letter.

The grant proposal is limited to three (3) pages (single spaced, 12-point font, 1" margins) and should include the following sections:

- Title of study
- Name and institutional affiliation (if applicable) of the principal investigator/applicant
- Background and rationale of the study (approx. ½ to ¾ page)
- Objective(s) (approx. 3 – 4 lines)
- Hypothesis (approx. 3 – 4 lines)
- Study design and methodology (approx. ¾ to 1 page)
- Significance and expected clinical, research, or policy impact (approx. ½ page)
- Timeline (When research will commence and expected date of completion – i.e., month and year) (approx. ¼ page)
- Budget and justification of how study funding will be allocated (approx. 4 – 8 lines)
- Qualifications of the research team/applicant (approx. 4 – 5 lines)

Applications and any questions about the BJSM Global Research Grant Program should be sent to:

bjsmresearchgrants@bmj.com

The BJSM Senior Editorial Team will conduct two free Webinars on **30th of June 2025 (5am BST/2pm AEST/9:30am IST and 8pm BST/5am AEST/3pm EDT)**. These webinars will explain the key components of a grant application, share tips on how to prepare a strong application, as well as answer any other questions about the grant. A recording of the webinar will also be available on the BJSM [website](#).

1. 30th of June 2025 (5am BST/2pm AEST/9:30am IST)

<https://bmj.zoom.us/j/87488434390>

2. 30th of June 2025 (8pm BST/5am AEST/3pm EDT)

<https://bmj.zoom.us/j/88999474680>

The deadline for applications is: **4 August 2025 (11:59pm, GMT)**

All applicants will be notified of the final decisions by: **15 October 2025**