

## Registration Fee

Outstation Participants	Rs. 1,500/-
Outstation Students/Scholars	Rs. 1,000/-
LNIFE Scholars/Students	Rs. 600/-

(LNIFE Students will not dine with the outside delegates)

### Remittance of Fee Details

The DD should be in favour of the **Registrar, LNIFE, Gwalior (M.P.) payable at Gwalior**. Another option is direct payment in the Account Section of LNIFE and submission of the receipt in the Secretariat Office.

**Note :** Registration fee includes certificate, workshop material and participation in all the sessions. Lodging and boarding for outstation participants will be provided from October 9<sup>th</sup>, 2014 (Dinner) to 11<sup>th</sup> October 2014 (Dinner) only.

### Location

The Lakshmibai National Institute of Physical Education (LNIFE) campus is known as Shaktinagar and located on Mela Road at a distance of about 1km from Gwalior Railway Station & Bus Stop. Gwalior is situated on the Agra-Mumbai National Highway and is on the main north-south rail route, about 320 kms from New Delhi.

### Address for Communication

**DEPARTMENT OF EXERCISE PHYSIOLOGY,**  
Lakshmibai National Institute of Physical Education,  
Shakti Nagar, Mela Road, Gwalior - 474 002 (M.P.)

E-mail : [exercisephysiology2011@gmail.com](mailto:exercisephysiology2011@gmail.com)

### CONTACT NUMBERS

Office : 0751-4000968  
Org. Secretary : 09425727337  
Chairman : 09425335863



**Note :** For all further details please visit [www.lnife.gov.in](http://www.lnife.gov.in)

## NATIONAL WORKSHOP ON APPLICATIONS OF CONTEMPORARY EQUIPMENT IN THE FIELD OF SPORTS SCIENCES

10<sup>th</sup> & 11<sup>th</sup> October, 2014



Organized by :

**DEPARTMENT OF EXERCISE PHYSIOLOGY**  
**Lakshmibai National Institute of Physical Education**  
(Ministry of Skill Development, Entrepreneurship, Youth Affair and Sports, Government of India)  
Gwalior - 474 002 (M.P.)

## About the Institute

Lakshmbai National Institute of Physical Education, Gwalior, was established by the Ministry of Education & Culture, Government of India as Lakshmbai College of Physical Education in 1957. The institute, now under the governance of the Ministry of Youth Affairs and Sports, became the pioneering institute in this field, fulfilling its basic objective of producing quality teachers and leaders through its Graduate, Post Graduate & PG Diploma courses. The institute also conducts research oriented programmes of M.Phil. and Ph.D. run under various Departments. It fulfills its other objectives like serving as a centre of excellence & innovation in Physical Education; providing professional & academic leadership to other institutes; and vocational guidance & placement services to professionals; promotion of mass participation; encouraging and producing scientific & contemporary literature in Physical Education; and providing community services to the society, in this field.

## About the Department of Exercise Physiology

The Department of Exercise Physiology has been catering to the specialized needs of sport persons and the general population looking for fitness, wellness and the highest level of sports performance from the Physiology and Physiology of Exercise perspective. Its major thrust is on producing post graduates with specialization in Exercise Physiology. The aim of the department is to prepare qualified professionals of different levels in order to promote health and quality of life through the use of appropriate physical activity and lifestyle behaviors. The department has started supporting research work in the field of Sports and Physical Education using the latest equipment and gadgets, thus adding a new dimension to the field of Sports Sciences.

At present the department offers Master of Physical Education (M.P.Ed.) – a four-semester Post Graduate programme with specialization in Exercise Physiology.

## Theme of the Workshop

The Convention is themed “EQUIPMENT FOR CONTEMPORARY RESEARCH IN SPORTS SCIENCES.”

The workshop on Equipment for Contemporary Research in Sports Sciences offers graduate & post graduate students, research scholars and faculty members under the tutelage of Exercise Physiology experts, an opportunity for gaining knowledge, collection of data, clinical assessment and research in Exercise Physiology.

### Objectives

- The workshop will help students build their professional knowledge and skills related to Exercise and Sports Physiology.

- The workshop will provide hands-on experience in evaluating athletes, clinical clients and other healthy individuals.
- Students will be provided with a rich experience in operating the equipment and applying it in real-life competitive sports and fitness situations.
- Health outcomes and general social well being of the athlete in the surrounding regions will be improved.
- The workshop will provide an opportunity to the athlete to evaluate his sports performance in training, as well as in competition.
- The workshop will provide field experiences for students to put their knowledge to use outside of the laboratory setting, in other clinical and commercial enterprises. Students will receive a comprehensive and well-rounded education in the field.

## Who can attend the Workshop ?

The target group of the event involves specialists from different fields, such as:

- Physical Education Professionals
- Exercise and Physiotherapists
- Sport Scientists.
- Academic researchers
- Coaches and other specialists related to the Sport Domain
- Medical Professionals
- Athletes.
- Fitness Experts/Enthusiasts
- PG Students
- Sports Therapists and Sports Medicine Experts

## Technical Experts

**Dr. Eugene Zakharov**  
(PhD in Technical Sciences)  
RUSSIA

**Dr. Anatoly Skomorokhov**  
(PhD in Biological Sciences)  
RUSSIA

**Prof. R.N. Dey**  
(Ph.D., Exercise Physiology)  
INDIA

## Organizing Committee

**Chief Patron**  
**Dr. G.S.G. Ayyangar**  
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**Prof. Indu Mazumdar**  
L.N.I.P.E., Gwalior

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**Prof. L.N. Sarkar**  
Registrar, L.N.I.P.E., Gwalior

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**Prof. V.K. Srivastava**

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